



# Diane Kochilas

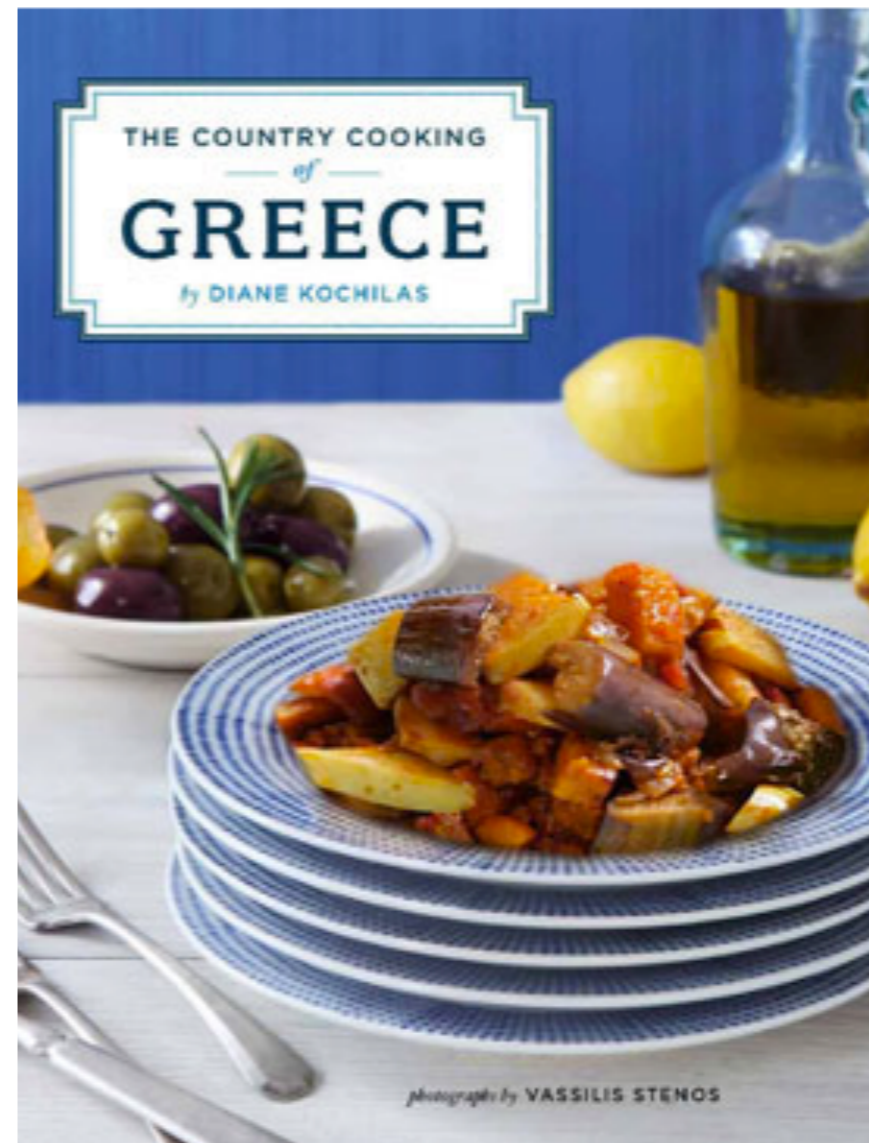
**Celebrity Chef, Award-Winning Cookbook  
Author, Greek Cuisine & Mediterranean  
Diet Cooking**



- [www.dianekochilas.com](http://www.dianekochilas.com)

# Country Cooking of Greece

- Diane's latest book, *The Country Cooking of Greece* was heralded by the *NYTimes* as one of the best books of 2012.
- John Mariani, writing for *Eater.com*, calls it her "masterpiece."
- More than 300 regional dishes, most of them never seen in English before.



# Diane's Cookbooks

- 20 books in all, in both English and Greek
- James Beard Executive VP Mitchell Davis calls Diane “The foremost authority on Greek cuisine in America.”\*



\* Heritage Radio interview for Taste Matters

# Television

- Celebrity Chef and host of “Ti Tha Fame Simera, Mama” (What’s Cooking, Mum?”), on Greece’s Alpha Channel.
- Diane has appeared on top American food shows, including “Throwdown with Bobby Flay,” “Bizarre Foods with Andrew Zimmern,” Martha Stewart, and more.
- An expert on Greek cuisine and culture, she also has appeared on the PBS News Hour, the Today Show and CNN’s 360 with Anderson Cooper.



# Restaurants

- Diane is consulting chef at New York's top-rated Greek restaurant, Pylos.
- Other restaurant affiliations in the US include Boukiés (NYC), Avli (Chicago), and Axia (NJ).



# Teaching on the Healthy Greek-Mediterranean Diet and Way of Life

- Diane hails from the Blue Zone island of Ikaria, renowned for the longevity of its inhabitants. She runs a cooking school there every summer.
- In addition to teaching on Ikaria, Diane globe-trots to universities in the U.S., among them Harvard, Yale, and UMass, Amherst, where she helps develop healthy, plant-based menu options for college dining and works with food literacy and sustainability outreach programs within each community.



# Book Diane as a Speaker

- Diane works with the events coordinators at zero point zero productions and offers lectures and masters' classes. Contact: [www.zeropointzero.com/speakers/diane-kochilas](http://www.zeropointzero.com/speakers/diane-kochilas)
- Topics include:
- Ikaria, Paradigm of Sustainability
- Will the Real Greek Yogurt Please Stand Up?
- Master Class Topics: Mediterranean Diet for Dummies / How to Crave Vegetables / Eat Like a Greek



# Contact Diane

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